PPO SUMMARY OF BENEFITS

INDIVIDUAL & FAMILY PLANS Health coverage made easy.

Effective January 1, 2006



HEALTH NET PPO PLANS

PPO COVERAGE CERTIFICATION REQUIREMENTS

We work with you and your doctor to determine the most effective course of treatment covered under your policy. Through our Certification Program, you get approval for coverage before obtaining certain types of services. This helps protect you from undergoing unnecessary medical procedures – and from having to pay a medical bill because a service isn't covered.

When you receive certification for coverage, it means we've determined that the procedure your doctor has recommended is medically necessary and is appropriate treatment for your health problem. Certification also confirms that we'll extend coverage for the procedure, according to the terms of your policy. If you don't obtain certification when it is required, any benefits payable will be reduced by 50 percent. The reduction in benefits by 50 percent will apply to the following procedures:

- 1. Inpatient admissions. Any type of facility, including but not limited to:
 - Hospital
 - Skilled nursing facility
 - · Mental health facility
 - · Chemical dependency facility
 - · Acute rehabilitation center
 - Hospice
- 2. Ambulance
 - Air Ambulance
 - Non-emergent transport
- 3. Ambulatory services
 - Durable Medical Equipment
 - Home Health Care Agency Services including nursing, physical therapy, occupational therapy, speech therapy, home I.V. therapy, Hospice Care, tocolytic services (intravenous drugs used to decrease or stop uterine contractions in premature labor) and home uterine monitoring.
 - · Prosthesis for major limbs
- 4. Experimental services, new technology and evolutionary changes in proven technology.
- Orthognatic procedures (surgery performed to correct or straighten jaw and/or other facial bone misalignments to improve function).
- 6. Outpatient Diagnostic Imaging:
 - CT Scans
 - MRA (Magnetic Resonance Angiography)
 - MRI (Magnetic Resonance Imaging)
 - MUGA Cardiac Scan (Multiple Gated Acquisition)
 - PET (Positron Emission Tomography)
 - SPECT (Single Photon Emission Computed Tomography)
- 7. Surgical procedures including:
 - · Abdominal, ventral, umbilical, incisional hernia repair
 - Blepharoplasty
 - · Breast reductions and augmentations
 - Mastectomy for gynecomastia
 - Rhinoplasty
 - Sclerotherapy
 - Uvulopalatopharyngoplasty (UPPP) and laser assisted UPPP

- 8. Temporomandibular Joint (TMJ) Disorder treatment
- 9. Transplant-related services including pre-evaluation and pre-treatment services, and the transplant procedure.

CERTIFICATION EXCEPTIONS

Health Net Life (HNL) does not require Certification for dialysis services or maternity care. However, please notify HNL upon initiation of dialysis services or at the time of the first prenatal visit.

We will consider the medical necessity for the proposed treatment, the proposed level of care (inpatient or outpatient) and the duration of the proposed treatment, with the exception of reconstructive surgery incident to a mastectomy.

You must request certification five or more days before the proposed admission date or commencement of treatment, except when due to an emergency. In the event of an emergency, you or your doctor must contact us within 48 hours or as soon as reasonably possible. Services provided as a result of an emergency will not require certification.

The reduction in benefits by 50 percent that is payable under Individual & Family PPO will continue to apply to benefits payable after you have met your maximum out-of-pocket limit.

When a member gives birth to a child in a hospital, she is entitled to benefits for 48 hours of inpatient care following a vaginal delivery or 96 hours following a cesarean section delivery. Certification penalties will not be applied for that period of time. However, certification must be obtained for a cesarean section if the physician determines that a longer stay is medically necessary.

EXCLUSIONS AND LIMITATIONS

No payment will be made under the Health Net Individual & Family PPO for expenses incurred for, or which are follow-up care to, any of the items below. The following are selective listings only. For comprehensive listings, see the Health Net Life PPO Policy.

- Services and supplies that Health Net Life determine are not medically necessary except as set out under "Does Health Net cover the cost of participation in clinical trials" and "What if I have a disagreement with Health Net?"
- Custodial care. Custodial care is not rehabilitative care and is primarily
 provided to assist a patient in meeting the activities of daily living, such
 as: help in walking, getting in and out of bed, bathing, dressing, feeding
 and preparation of special diets, and supervision of medications that are
 ordinarily self-administered, but not care that requires skilled nursing
 services on a continuing basis.
- Procedures that Health Net Life determines to be experimental or investigational except as set out under "Does Health Net cover the cost of participation in clinical trials" and "What if I have a disagreement with Health Net?"
- Services or supplies provided before the effective date of coverage, and services or supplies provided after coverage through this plan has ended, are not covered.
- Reimbursement for services for which the Member is not legally obligated to pay the provider or for which the provider pays no charge.

- Any service or supplies not specifically listed as covered expenses, unless coverage is required by state or federal law.
- Services or supplies that are intended to impregnate a woman are not covered. Excluded procedures include, but are not limited to collection, storage or purchase of sperm or ova.
- Oral contraceptives and emergency contraceptives are covered. Vaginal contraceptives are limited to diaphragms, cervical caps and IUDs, and are only covered when a contracted physician performs a fitting examination and in the case of diaphragms and cervical caps, prescribes the device. IUDs are only available through the contracted physician's office, are covered as a medical benefit, and are limited to one fitting and device per year, unless additional fittings or devices are medically necessary. Diaphragms and cervical caps are only available through a prescription from a pharmacy and are limited to one prescription per year unless additional fittings or devices are medically necessary. Injectable contraceptives are covered as a medical benefit when administered by a physician.
- Cosmetic surgery that is performed to alter or reshape normal structures
 of the body to improve appearance.¹
- Dental care.2
- Treatment and services for temporomandibular joint (TMJ) disorders are covered when determined to be medically necessary, excluding crowns, inlays, bridgework and appliances.
- This Plan only covers services or supplies provided by a legally operated
 Hospital, Medicare-approved Skilled Nursing Facility, or other properly
 licensed facility specified as in the Policy. Any institution that is primarily
 a place for the aged, a nursing home or a similar institution, regardless of
 how it is designated, is not an eligible institution. Services or supplies that
 are provided by such institutions are not covered.
- Surgery and related services for the purpose of correcting the malposition
 or improper development of the bones of the upper or lower jaw, except
 when such surgery is required due to recent trauma or the existence of
 tumors or neoplasms, or when otherwise medically necessary.
- · Hearing aids.
- Treatment for mental disorders as a condition of parole or probation and court-ordered testing.
- Private duty nursing.
- Any eye surgery for the purpose of correcting refractive defects of the eye, unless medically necessary, recommended by the Member's treating physician and authorized by Health Net Life.
- Contact or corrective lenses (except an implanted lens that replaces the organic eye lens), vision therapy and eyeglasses.²
- · Services to reverse voluntary surgically induced infertility.
- Sex change procedures or treatment.
- Any services or supplies not related to the diagnosis or treatment of a covered condition, illness or injury. However, the Plan does cover Medically Necessary services and supplies for medical conditions directly related to non-covered services when complications exceed routine Follow-Up Care (such as life-threatening complications of cosmetic surgery).
- Physical exams for insurance, licensing, employment, school or camp.
 Any physical, vision or hearing exams that are not related to diagnosis or treatment of illness or injury, except as specifically stated in the Health Net Life Policy.

- Any outpatient drugs, medications or other substances dispensed or administered in any setting, except as specifically stated in the Health Net Life Policy.
- Services for a surrogate pregnancy are covered. However, when compensation is obtained for the surrogacy, the plan shall have a lien on such compensation to recover its medical expense.
- Although this Plan covers Durable Medical Equipment, it does not cover
 the following items: (a) exercise equipment; (b) hygienic equipment,
 jacuzzis and spas; (c) surgical dressings other than primary dressings that
 are applied by your Physician Group or a Hospital to lesions of the skin or
 surgical incisions; and (d) stockings, corrective shoes and arch supports.
- Personal or comfort items.
- Disposable supplies for home use.
- Home birth, unless the criteria for emergency care have been met.
- Physician self-treatment.
- Physicians treating immediate family members.
- Treatment for alcoholism or drug addiction, except detoxification.
- Conditions caused by the member's commission (or attempted commission) of a felony.
- Conditions caused by release of nuclear energy, when government funds are available.
- Outpatient speech therapy that is not provided in relation to surgery, injury or disease.
- Amounts charged by out-of-network providers for covered medical services and treatment that Health Net Life determines to be in excess of the covered expense.
- Optometric services, eye exercises including orthoptics, except as specifically stated elsewhere in the Policy.
- Services or supplies received for the treatment of a pre-existing condition during the first six consecutive months during which the member is covered.
- Immunizations or inoculations for adults or children, except as described in the Policy.
- Any services not related to the diagnosis or treatment of a covered illness or injury.
- Inpatient room and board charges incurred in connection with an admission to a hospital or other inpatient treatment facility primarily for diagnostic tests that could have been performed safely on an outpatient basis.
- Inpatient room and board charges in connection with a hospital stay primarily for environmental change, physical therapy or treatment of chronic pain.
- Expenses in excess of a hospital's (or other inpatient facility's) most common semi-private room rate.
- Any expenses related to the following items, whether authorized by a
 physician or not: (a) alteration of the member's residence to accommodate
 the member's physical or medical condition, including the installation
 of elevators; (b) corrective appliances, except prosthetics, casts and splints;
 (c) air purifiers, air conditioners and humidifiers; and (d) educational
 services or nutritional counseling, except as specifically provided in
 the Policy.
- Treatment or surgery for obesity, weight reduction or weight control, except when provided for morbid obesity, as determined by Health Net Life.

(continued)

¹ When a medically necessary mastectomy has been performed, breast reconstruction surgery and surgery performed on either breast to restore or achieve symmetry (balanced proportions) in the breast are covered. In addition, when surgery is performed to correct or repair abnormal structures of the body caused by congenital defects, developmental abnormalities, trauma, infection, tumors or disease, to do either of the following: improve function or create a normal appearance to the extent possible, unless the surgery offers a minimal improvement in the appearance of the member.

² The PPO ValueChoice Plus, SimpleChoice Plus, SimpleChoice HSA Plus, SmartChoice HSA Plus, FirstChoice PPO Plus and SimpleValue Plus plans include certain dental and vision services as described in this guide. For dental and vision benefit information for these plans, refer to the Dental and Vision insert in this packet.

OVERVIEW OF INDIVIDUAL & FAMILY PPO COVERAGE OPTIONS THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE POLICY SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.

BENEFIT DESCRIPTION	ValueChoice 1500		
	In-network ¹	Out-of-network ²	
Lifetime maximum	\$6 n	nillion	
Annual deductible Family deductible is met when two family members meet their individual deductibles	\$1,500 Subscriber only		
Annual FirstChoice Dollars ¹⁰		I/A	
Annual out-of-pocket maximum Preferred providers	\$4,000 single combined in- and out-of-network (includes deductible)		
Non-preferred providers	\$4,000 single combined in- and out-of-network (includes deductible)		
Visit to physician	Covered in full after out-	Covered in full after out-of-pocket maximum is met	
(-ray and laboratory procedures ⁷	Covered in full after out-of-pocket maximum is met		
Annual Routine Physical Exams	Not covered		
Preventive care Adult preventive care (age 19 and older) Yearly OB/GYN exam ⁴ (breast and pelvic exams, Pap smears and mammography) / Yearly prostate cancer screening and exam	25%	Not covered	
Child preventive care (newborns to age 18) Checkups, immunizations, vision and hearing exams	25%	Not covered	
Maternity and pregnancy Prenatal and postnatal office visits	Not covered		
Maternity care in hospital	Not covered		
Emergency and urgent care Emergency room (professional and facility charges)		5%	
Urgent care center (facility charges)	25%		
Ambulance ⁷	25%		
Outpatient Services ⁷ Outpatient Surgery (hospital or outpatient surgery center charges only)	25%	50% ⁸	
Outpatient facility services	25%	50%8	
Hospitalization Services ⁷ npatient, semiprivate hospital room or intensive care unit with ancillary services (unlimited, except for non-severe mental health and substance abuse treatment)	25%	50%8	
Surgeon or assistant surgeon and anesthetic service (inpatient hospital setting)	25%	50%	
Reproductive health Sterilization	25%	Not covered	
Other services Rehabilitative therapy includes physical, speech, occupational, respiratory and cardiac therapy (20 visit maximum per calendar year) ⁷	Covered in full after out-of-pocket maximum is met		
Chiropractic care/Acupuncture (12-visit calendar year maximum/\$20 maximum payable per visit)	Not covered		
Mental health for non-severe conditions ^{5,6,7}	25% inpatient/Covered in full after out-of-pocket maximum is met, outpatient	50% inpatient / Not covered outpatient	
Durable medical equipment (including foot orthotics) ⁷	50%	Not covered	
Dutpatient prescription drugs ⁹ Filled at participating pharmacy (up to a 30-day supply); not covered at non-participating pharmacies	\$15 Level I (generic)	Not covered	
Optional Dental & Vision coverage		additional premium required,	
		e rate guide	
Dental & Vision Benefits ^{13,14}	For coverage details, refer to the Dental & Vision Insert		

		SmartChoice HSA	
In-network ¹	Out-of-network ²	In-network ¹	Out-of-network ²
\$6 million \$4,000 single / \$8,000 family		\$6 million \$2,500 single / \$5,000 family	
All benefits, including Outpatient Prethe deductible except Preventive Car members, there are no benefits unt	escription Drugs, are subject to e. For contracts of two or more	All benefits, including Outpatient the deductible except Preventive	Prescription Drugs, are subject to Care. For contracts of two or more until the family deductible is met.
N/A		N/A	
\$4,000 single / \$8,000 family combined in- and out-of-network (includes deductible)		\$4,000 single / \$10,000 family combined in- and out-of-network (includes deductible)	
\$5,000 single / \$1 combined in- and out-of-netwo		\$4,000 single / \$10,000 family combined in- and out-of-network (includes deductible)	
Covered in full after deductible is met	50%	30%	50%
Covered in full after deductible is met	50%	30%	50%
Covered in full after deductible is met	Not covered	\$70 (deductible waived) ³	Not covered
\$40 (Deductible waived)	Not covered	\$35 (deductible waived)	Not covered
\$40 (Deductible waived)	Not covered	\$35 (deductible waived)	Not covered
Not covered		Not covered	
Not covered		Not covered	
Covered in full after d	eductible is met	\$70 copay	11 plus 30%
Covered in full after d	eductible is met	\$50 copay ¹¹ plus 30%	
Covered in full after d	eductible is met	30%	
Covered in full after deductible is met	50%8	\$250 copay ¹² plus 30%	\$250 copay ¹² plus 50% ⁸
Covered in full after deductible is met		30%	50%8
Covered in full after deductible is met	50%8	\$250 per admission copay ¹² plus 30%	\$250 per admission copay ¹² plus 50% ⁸
Covered in full after deductible is met	50%	30%	50%
Covered in full after deductible is met	Not covered	30%	Not covered
Covered in full after deductible is met	Not covered	30%	50%
Covered in full after deductible is met	Not covered	50%	Not covered
Covered in full after deductible is met	Not covered	\$250 per admission copay plus 30% inpatient / 30% outpatient	\$250 per admission copay plus 50% inpatient / Not covered outpatient
Covered in full after deductible is met	Not covered	50%	Not covered
Covered in full after deductible is met	Not covered	30%	Not covered
Included with Plus Plans, 15 additional premium required, refer to the rate guide			additional premium required,
For coverage details, refer to the Dental & Vision Insert			

SimpleChoice PPO		SimpleValue 50		
n-network ¹	Out-of-network ²	In-network ¹	Out-of-network ²	
\$6 milli	on	\$6 milli	on	
Plan 15: \$1,500, Plan 25: \$2,500, Plan 35: \$3,500, Plan 40: \$4,000,	2 per family 2 per family 2 per family	\$0 Subscriber	ronly	
Plan 50: \$5,000, 2 per family N/A		N/A		
Each member must meet calendar year deductible only / 2 per family		\$7,500 (combined in- and out-of-network)		
\$10,000 / 2 per family combined in- and out-of-network (includes deductible)		\$10,000 (combined in- and out-of-network)		
Covered in full after deductible is met	50%	\$50	50%	
Covered in full after deductible is met	50%	50%	50%	
Covered in full after deductible is met	Not covered	50%	Not covered	
Plan 15: \$15 / Plan 25: \$25 Plan 35: \$35 / Plan 40: \$40 Plan 50: \$50 (Deductible waived)	Not covered	\$50	Not covered	
Plan 15: \$15 / Plan 25: \$25 Plan 35: \$35 / Plan 40: \$40 Plan 50: \$50 (Deductible waived)	Not covered	\$50	Not covered	
Plans 15, 25, 35, 50: Not covered Plan 40: Covered in full after deductible is met	Plans 15, 25, 35, 50: Not covered Plan 40: 50%	Not covered		
Plans 15, 25, 35, 50: Not covered Plan 40: Covered in full after deductible is met	Plans 15, 25, 35, 50: Not covered Plan 40: 50% ⁸	Not cove	Not covered	
Covered in full after d	leductible is met	\$50 copay ¹¹ p	olus 50%	
Covered in full after d	leductible is met	50%		
Covered in full after d	leductible is met	50%		
Covered in full after deductible is met	50%8	\$400 copay ¹² plus 50%	\$400 copay ¹² plus 50% ⁸	
Covered in full after deductible is met	50%8	50%	50%8	
Covered in full after deductible is met	50%8	\$400 copay ¹² per day / 4 day maximum plus 50%	\$400 copay ¹² per day / 4 day maximum plus 509	
Covered in full after deductible is met	50%	50%	50%	
Covered in full after deductible is met	Not covered	50%	Not covered	
Covered in full after deductible is met	Not covered	50%	50%	
50%	Not covered	50%	Not covered	
Covered in full after deductible is met – inpatient and outpatient	50% inpatient / Not covered outpatient	50%	50% inpatient / Not covered outpatient	
Covered in full after deductible is met	Not covered	50%	Not covered	
\$5 Level I (generic) \$250 brand deductible \$35 Level II (brand) \$50 Level III (non-formulary)	Not covered	Two RX options available: 9,16 1) Combo \$10 Level I (generic) \$750 brand deductible \$35 Level II (brand) \$50 or 50% (whichever is greater) Level III (non-formulary) or 2) Generic Only	Not covered	
		\$10 Level I (generic)		

SimpleValue 40		SimpleValue 30	
In-network ¹	Out-of-network ²	In-network ¹	Out-of-network ²
\$6 milli	on	\$6 milli	on
\$0 Subscriber only		\$0 Subscriber only	
N/A		N/A	
\$7,500 (combined in- and out-of-network)		\$7,500 (combined in- and out-of-network)	
\$10,00 (combined in- and o		\$10,000 (combined in- and out-of-network)	
\$40	50%	\$30	50%
40%	50%	30%	50%
40%	Not covered	30%	Not covered
\$40	Not covered	\$30	Not covered
\$40	Not covered	\$30	Not covered
Not covered		Not covered	
Not covered		Not covered	
\$50 copay ¹¹ plus 40%		\$50 copay ¹¹ plus 30%	
40%		30%	
40%		30%	
\$400 copay ¹² plus 40%	\$400 copay ¹² plus 50% ⁸	\$400 copay ¹² plus 30%	\$400 copay ¹² plus 50% ⁸
40%	50%8	30%	50%8
\$400 copay ¹² per day / 4 day maximum plus 40%	\$400 copay ¹² per day / 4 day maximum plus 50% ⁸	\$400 copay ¹² per day / 4 day maximum plus 30%	\$400 copay ¹² per day / 4 day maximum plus 50% ⁸
40%	50%	30%	50%
40%	Not covered	30%	Not covered
40%	50%	30%	50%
40%	Not covered	30%	Not covered
40%	50% inpatient / Not covered outpatient	30%	50% inpatient / Not covered outpatient
40%	Not covered	30%	Not covered
Two RX options available: 9,16 1) Combo \$10 Level I (generic) \$750 brand deductible \$35 Level II (brand) \$50 or 50% (whichever is greater) Level III (non-formulary) or 2) Generic Only \$10 Level I (generic)	Not covered	Two RX options available: 9,16 1) Combo \$10 Level I (generic) \$750 brand deductible \$35 Level II (brand) \$50 or 50% (whichever is greater) Level III (non-formulary) or 2) Generic Only \$10 Level I (generic)	Not covered
Included with Plus Plans, 15 additional premium required, refer to the rate guide		Included with Plus Plans, 15 additional premium required, refer to the rate guide	
For coverage details, refer to t		For coverage details, refer to the Dental & Vision Insert	

FirstChoice PPO				
In-network ¹	Out-of-network ²			
\$6 m	nillion			
\$3,000, 2 per family				
\$500	N/A			
\$3,750 / 2 per family combined in- and out-of-network (includes deductible)				
\$10,000 / 2 per family combined in- and out-of-network (includes deductible)				
30%	50%			
30%	50%			
\$20 copay plus 30%	Not covered			
\$20 copay plus 30%	Not covered			
\$20 copay plus 30%	Not covered			
Not covered				
Not co	overed			
\$80 copay ¹	¹ plus 30%			
\$40 copay ¹¹ plus 30%				
30)% 			
\$250 copay ¹² plus 30%	\$250 copay ¹² plus 50% ⁸			
30%	50%8			
\$250 per admission copay ¹² plus 30%	\$250 per admission copay ¹² plus 50% ⁸			
30%	50%			
30%	Not covered			
30%	50%			
Not covered				
\$250 per admission copay plus 30% inpatient / 30% outpatient	\$250 per admission copay plus 50% inpatient / Not covered outpatient			
50%	Not covered			
\$15 Level I (generic)	Not covered			
Included with Plus Plans 15:	additional premium required,			
refer to the rate guide				
For coverage details, refer to the Dental & Vision Insert				

FOOTNOTES:

¹Member pays the negotiated rate, which is the rate the participating or preferred provider has agreed to accept for providing a covered service.

- ² Percentage is a portion of the covered expense based on (C & R) Customary & Reasonable. You are also responsible for any charges in excess of the covered expense.
- ³ X-ray and laboratory procedures are not subject to the calendar year deductible when provided in relation to an annual physical exam and billed on the same claim. The member is responsible for the copayment and any charges in excess of the \$200 maximum payable per calendar year.
- ⁴ Mammograms are covered at the following intervals: One for ages 35-39, one every 24 months for ages 40–49, and one every year for age 50 and older.
- 5 Covered expenses incurred for non-severe mental illness and chemical dependency do not apply to the out-of-pocket maximum
- ⁶ Non-severe mental illness inpatient maximum payable per day is \$300, benefit maximum is 30 days; if covered by the plan, outpatient non-severe mental illness is \$30 maximum payable per visit, 20 visits maximum per year.
- ⁷ Certain services require prior certification from Health Net. Without prior certification, benefit reduced by 50%.
- ⁸ Maximum Allowable charges are \$600 per day.
- ⁹ If applicable, the prescription drug Brand calendar year deductible (per member), must be paid for prescription drug covered services before Health Net begins to pay. The pharmacy Brand deductible is per member and separate from the calendar year medical deductible, except for SimpleChoice HSA and SmartChoice HSA. Prescription drug covered expenses are the lesser of Health Net's contracted pharmacy rate or the pharmacy's usual and customary charge for covered prescription drugs. Prescription drug charges do not apply to your maximum out-of-pocket limit, except for SimpleChoice HSA and SmartChoice HSA.

The Recommended Drug List is a list of the prescription drugs that are covered by this plan. It is prepared by Health Net and given to member physicians and participating pharmacies. Some drugs require prior authorization from Health Net. Also, if your condition requires the use of a drug that is not in the Recommended Drug List, your physician may request the drug through the prior authorization process. Urgent prior authorization requests are handled within 72 hours. For a copy of the Recommended Drug List, call the Customer Contact Center at the number listed on your Health Net ID card or visit our web site at www.healthnet.com.

- ¹⁰ FirstChoice PPO gives you First Dollar coverage for the first \$500 of covered expenses per person per calendar year before you pay any copayments, coinsurance or deductibles. Once this \$500 is met, coverage is reimbursed for in-network providers at 70% of covered expenses after you meet your annual deductible. The First Dollar benefit does not apply to prescription drug benefits.
- 11 The emergency room and urgent care copay are waived if admitted to the hospital for an emergency. If applicable, the calendar year deductible applies to emergency room/urgent care visits. The emergency room and urgent care copay are per visit and apply to the out-of-pocket maximum. For SmartChoice HSA and FirstChoice PPO the emergency room and urgent care copay continue to apply once the out-of-pocket maximum is met.
- 12 The inpatient/outpatient copay applies to the out-of-pocket maximum. For the SmartChoice HSA and FirstChoice PPO the inpatient/outpatient copay continues to apply once the out-of-pocket maximum is met.
- ¹³ Dental benefits underwritten by Health Net Life Insurance Company and administered by SafeGuard Health Plans, Inc.
- ¹⁴ Vision benefits underwritten by Health Net Life Insurance Company and administered by EyeMed Vision Plan, LLC.
- ¹⁵ A Health Net "Plus" plan is a Health Net medical coverage plan with Health Net Dental & Vision coverage included. The "Plus" indicates the addition of the optional coverage.
- ¹⁶ For the SimpleValue Plans, there are two prescription drug options to choose from: Generic Only or Combo. Please see the Individual and Family Rate Guide for premium information.

- All benefits provided under the Policy shall be reduced by any amounts to which a member is entitled under the program commonly referred to as Medicare when federal law permits Medicare to pay before an individual health plan.
- Services performed by a person who lives in the member's home or who
 is related to the member by blood or marriage.
- Any services provided by, or for which payment is made by, a local, state or federal government agency. This limitation does not apply to Medi-Cal, Medicaid or Medicare.
- If the member receives services or obtains supplies in a foreign country, benefits will be payable for emergency care only.
- Hyperkinetic syndromes, learning disabilities, behavior problems or mental retardation, regardless of the type of service. Certain conditions are covered if their level of severity meets the criteria of serious emotional disturbances of a child or severe mental illness.
- · Services to diagnose, evaluate or treat infertility.

PRODUCT-SPECIFIC EXCLUSIONS AND LIMITATIONS

ValueChoice 1500, SimpleChoice 50, SimpleChoice 35, SimpleChoice 25, SimpleChoice 15, SimpleChoice HSA, SmartChoice HSA, FirstChoice PPO, SimpleValue 50, SimpleValue 40 and SimpleValue 30.

 Care for conditions of pregnancy, including hospital and professional services. This includes prenatal and postnatal care, and delivery.

FirstChoice PPO

- Elective Abortions
- · Contraceptive Devices
- · Chiropractic Care

ValueChoice 1500 and SmartChoice HSA

Immunizations or inoculations for foreign travel or occupational purposes.

ValueChoice 1500

- Allergy serum
- · Routine physical examinations

ValueChoice 1500, SmartChoice HSA and FirstChoice PPO

Acupuncture

ValueChoice 1500, FirstChoice PPO, SimpleValue 50 with Generic RX, SimpleValue 40 with Generic RX and SimpleValue 30 with Generic RX

· Brand and non-formulary prescription drugs

For more information, please contact:

Health Net

Post Office Box 1150

Rancho Cordova, California 95741-1150

Individual & Family Plans:

1-800-909-3447

1-800-331-1777 (Spanish)

1-877-891-9053 (Mandarin)

1-877-891-9050 (Cantonese)

1-877-339-8596 (Korean)

1-877-891-9051 (Tagalog)

1-877-339-8621 (Vietnamese)

Telecommunications Device for the Hearing and Speech Impaired:

1-800-995-0852

www.healthnet.com